



Lesson 1

About Me

I. Word Focus

1. Sense organs
 2. Eyes
 3. Ears
 4. Nose
 5. Tongue
 6. Skin
 7. Taste
 8. Healthy
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II. Who am I ?

1. I help you to hold your pencil.

Fingers

2. I help you to taste your food.

Tongue

3. I help you to see, hear, taste, smell and feel things around you.

Sense organs

III. Answer the following

1. Name the sense organs.

Ans: The 5 sense organs are,

- ❖ Eyes
- ❖ Ears
- ❖ Nose
- ❖ Tongue
- ❖ Skin

2. Why do we need to follow good habits?

Ans: We need to follow good habits to be healthy.






3. Write some healthy habits that you have.

Ans: Brush your teeth twice a day.

Take bath daily.

Wash your hands before and after eating.

4. Complete the following

Sense organs					
Name					
Helps us to					